

# 3-Month Planning Meetings

## Family Centered, Church Supported, Youth Led



Develop a calendar for **at least three months** in advance. This will ensure that a balanced variety of purposeful and challenging activities...are planned to meet the needs of individual quorum and class members.

Service and Activity Guidelines for Youth

Service and activities ... should be balanced among four areas of personal growth: spiritual, social, physical, and intellectual.

General Handbook, 10.2.1.3



### FAMILY CENTERED

Invite YM to work with parents to identify areas they would like to grow in—Church activities support families in these efforts



### CHURCH SUPPORTED

What particular needs or gaps do the bishopric feel the YM have? How can activities address these needs?



## 1. Set the Sandbox

### Overall Needs or Gaps

- Help YM understand the overall needs or gaps determined by quorum leaders, advisors, and the bishopric—Display them clearly

### YM Goals

- Write down YM goals under the 4 categories: Spiritual, Social, Physical, & Intellectual. This will help keep brainstorming focused.

## 2. Brainstorm Ideas

### What activities could help us accomplish these goals?

- As YM brainstorm activity ideas, write them on the board
- Anything goes (except moral, legal, safety concerns)
- Frequently remind YM of the sandbox you have set (above)

### Overall Needs or Gaps

(Serve more, quorum unity, physical fitness, etc.)

Spiritual (YM Goals)	Social (YM Goals)	Physical (YM Goals)	Intellectual (YM Goals)
Prepare for patriarchal blessing	Service	Get more active	Learn to change oil
Go to temple more	Learn social skills	Eat more healthy	Learn to cook
Be better at reading scriptures	Dating Tips :)	Learn how to dance	Explore careers

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### Brainstorming

Temple trip	Attend high school concert	Night games	Car maintenance unit
Talk to Patriarch	Dating tips class	Talk to nutritionist	Cooking competition
Scripture reading challenge		Learn to dance with YW	Career night

## 3. Organize

### Units

- When you see activity ideas based on a similar focus, interest, or theme (i.e. cooking; fitness; car maintenance), group them into a unit (multiple weeks in a row)
- Units are easier to plan and enable you to help YM develop much more growth than one-off activities

### Sample Service and Activity Planner

- Identify Blackout dates - combined activities, holidays, etc.
- Start plugging activities into the planner
- Identify the area(s) of growth for each activity idea

## 4. Plan

### Quorum Presidency Meetings

- Detailed planning and delegation should take place in quorum presidency meetings
- The Detailed Service and Activity Planner is a great tool to help quorum presidencies learn this process

THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

Ward/Branch: \_\_\_\_\_ Date: \_\_\_\_\_  
Quorum/Class: \_\_\_\_\_

### Sample Service and Activity Planner

Identify several key purposes, needs, or interests of your quorum or class (such as skills, service, fellowshiping, education, self-reliance, and so on)\* Make an activity plan that keeps those purposes or needs in mind and addresses all four areas of growth mentioned in Luke 2:52. See [ChildrenandYouth.ChurchofJesusChrist.org](http://ChildrenandYouth.ChurchofJesusChrist.org) and [JustServe.org](http://JustServe.org), where available, for ideas.

AREA(S) OF GROWTH	ACTIVITY NAME (WHAT)	DATE (WHEN)	PURPOSE (WHY)
<div style="display: flex; justify-content: space-around; font-size: 8px;"> <span style="background-color: #00a086; color: white; padding: 2px;">SP</span> SPIRITUAL                             <span style="background-color: #008000; color: white; padding: 2px;">SO</span> SOCIAL                             <span style="background-color: #800000; color: white; padding: 2px;">PH</span> PHYSICAL                             <span style="background-color: #ffa500; color: white; padding: 2px;">IN</span> INTELLECTUAL                         </div>			
<div style="display: flex; justify-content: space-around; font-size: 8px;"> <span style="background-color: #00a086; color: white; padding: 2px;">SP</span> <span style="background-color: #008000; color: white; padding: 2px;">SO</span> <span style="background-color: #800000; color: white; padding: 2px;">PH</span> <span style="background-color: #ffa500; color: white; padding: 2px;">IN</span> </div>	1. 2. 3. Combined Activity 4.	Jan 17	
<div style="display: flex; justify-content: space-around; font-size: 8px;"> <span style="background-color: #00a086; color: white; padding: 2px;">SP</span> <span style="background-color: #008000; color: white; padding: 2px;">SO</span> <span style="background-color: #800000; color: white; padding: 2px;">PH</span> <span style="background-color: #ffa500; color: white; padding: 2px;">IN</span> </div>	1. 2. 3. Combined Activity 4.	Feb 21	
<div style="display: flex; justify-content: space-around; font-size: 8px;"> <span style="background-color: #00a086; color: white; padding: 2px;">SP</span> <span style="background-color: #008000; color: white; padding: 2px;">SO</span> <span style="background-color: #800000; color: white; padding: 2px;">PH</span> <span style="background-color: #ffa500; color: white; padding: 2px;">IN</span> </div>	1. Temple Trip 2. 3. Combined Activity 4.	Mar 6  Mar 20	