

# LDS Sunday School Session Template

This template provides a dynamic, structured framework for creating engaging and transformational Sunday school sessions. The objective is to create a supportive community environment where participants can explore their faith, wrestle with ideas, and connect with Jesus Christ in their real-world contexts.

**Time:** 45 minutes

## Preparation:

- **Identify Theme/Question:** Analyze the Come Follow Me scripture block and choose a central theme or driving question for the discussion.
- **Prepare Materials:** Gather any visuals, handouts, videos, or activity materials for the engagement section.
- **Prepare Space:** Arrange the chairs in a circle or other format that fosters connection and dialogue. Chairs can also be rearranged as you segue into a specific activity.

## I. Opening (6 minutes):

- **Icebreaker Chat (5 minutes):** Do a quick, fun activity to spark conversation and loosen up participants. This could be related to the theme/question or oriented to community-building in general.
- **Opening Prayer (1 minute):** Invite a participant to offer a prayer for guidance.

## II. Discovery (30 minutes):

- **Presentation (content) (5 minutes):** Introduce the theme or question using a story, anecdote, scripture reading, video clip, etc. Create curiosity and a sense of tension that participants will want to resolve. Keep it concise and engaging. Avoid monologuing, if possible.
- **Engagement (reflect & discuss) (20 minutes):** Facilitate structured reflection and/or discussion activities that help them wrestle with the theme or question and seek resolution. Prioritize peer-to-peer dialogue and allow them to explore alternative viewpoints.
- **Regroup (5 minutes):** Bring the group back together and guide a whole-group discussion toward making discoveries and resolving the tension. Encourage them to connect the resolution to Jesus and his role in their lives.

## III. Conclusion (5 minutes):

- **Epiphany (2 minutes):** Ask each participant to identify their key takeaway or epiphany from the session silently.
- **Share Out (2 minutes):** Go around the circle and allow each participant to share their personal epiphany without discussion. Respect individuality and avoid pressure.
- **Closing Prayer (1 minute):** Invite a participant to offer a prayer of gratitude.