Dear ward members.

Here is today's bulletin and newsletter.

Please reply to this email with the number of individuals who will attend sacrament meeting via Zoom today.

Have a blessed Sabbath Day!

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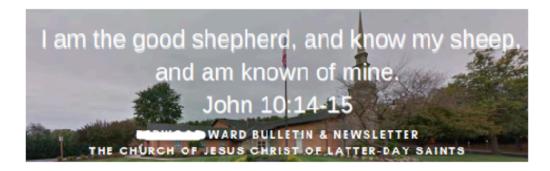
9:00 am: Sacrament meeting. The Zoom broadcast will start earlier so that you may enjoy the prelude music as well. https://zoom.us/j/\$T2 1000 .2 . J?pwd=7 ... US/YHOLZIIIII ... T_XSGI4Z1F4Zz09 Webinar ID: \$T2 400 ... C10 Passcode: 10 ...

10:00 am: Sunday School, Elders Quorum, Relief Society

Zoom local access number: 001 7 10 8000

You received this email because you made your email address available to your local Church leaders. It was sent by [...] _____, whose calling is Ward Assistant Clerk--Membership.





Sacrament Meeting - April 30, 2023

Please click on the links to join the meetings
9:00 am Testimony Meeting.
Webinar ID: 5:14 4 Passcode: 1

Presiding: Bishop Call F. "... - Conducting: Brother Call Fa".

Second Hour

Ward Goals

"And after they had been received unto baptism, and were wrought upon and cleansed by the power of the Holy Ghost, they were numbered among the people of the church of Christ; and their names were taken, that they might be remembered and nourished by the good word of God, to keep them in the right way, to keep them continually watchful unto prayer, relying alone upon the merits of Christ, who was the author and the finisher of their faith." (Moroni 6:4)

During individual and family prayer, pray about the people to whom you minister, including nonmembers. Pray for them by name, one by one. Counsel weekly in our homes regarding their physical and spiritual needs, one by one. Share a scripture that touched you, work together on family history, perform an act of kindness; whatever will bring them closer to the temple and to Christ.

Jesus is the Good Shepherd

Dear Friends.

For our Sacrament meeting theme today, the bishopric has chosen Jesus' teaching in John 10:11 that He "is the good shepherd." And so, for our prelude and postlude, I'm planning to play arrangements of hymns based on the 23rd Psalm, which Jesus was alluding to in John 10; which prophetically describes Jesus' mission and ministry; and which begins, "The Lord is my Shepherd."

The first prelude, which will begin at 8:50, is a famous Scottish hymn written by James Leith Bain and known as "Brother James' Air." I'll be playing an arrangement by the late master organist, Dale Wood. Here are some of the lyrics which, as you can see, are simply an adaptation of the words of the Psalm:

The Lord's my Shepherd, I'll not want.

He makes me down to lie
In pastures green; He leadeth me
The quiet waters by.

He leadeth me, He leadeth me,
the quiet waters by.

My soul He doth restore again; And me to walk doth make Within the paths of righteousness, Ee'n for His own Name's sake. Within the paths of righteousness, Ee'n for His own Name's sake.

Yea, though I pass through death's shadows, Yet will I fear no ill; For Thou art with me; and Thy rod And staff me comfort still. Thy rod and staff they comfort still They comfort still.

Goodness and mercy all my days Will surely follow me; And in my father's heart always My dwelling place shall be.

I love the truth taught in the final stanza: that, assuming we make and keep the covenants Jesus lovingly offers us, we'll be able to dwell forever in His "father's heart" – with Him and our families.

Jesus is the Good Shepherd

The second prelude will be Robert Manookin's arrangement of our LDS hymn No. 108, "The Lord is my Shepherd." The lyrics are another paraphrase of the 23rd Psalm, this time by James Montgomery, who published them in 1822. Notice how the second verse, in particular, adds to our understanding of the need for and blessings of trusting in the Savior to help us overcome temptations and other afflictions:

Thru the valley and shadow of death though I stray, Since thou art my Guardian, no evil I fear.

Thy rod shall defend me, thy staff be my stay.

No harm can befall with my Comforter near.

No harm can befall with my Comforter near.

The postlude will be a piece by the famous German/English composer George Friedrich Handel called "Arioso." The lyrics to this old German hymn not only allude to Jesus' role as our divine shepherd, but they also talk specifically about the Lord's delivering ancient Israel by parting the Red Sea--a wonderful symbol of baptism and, in turn, of Jesus' power to deliver us from sin:

Thanks be to Thee!
Thanks be to Thee!
Thou hast led forth with mighty hand
Thy people Israel, safe through the sea.

Lord, thou hast led as a shepherd with Thine hand; Lord, thine hand tenderly in ages past Thy people hath led.

Thanks be to Thee!
Thanks be to Thee!
Thou hast led forth with mighty hand
Thy people Israel, safe through the sea!

As you ponder these hymns and other sacred songs, see if you can feel the testimonies of the authors (and your organist) of Jesus' role as our "good shepherd."

And by the way, if you have a favorite hymn or other sacred piece that you'd like me to play on a future Sunday, please email me at garden was again.com, and I'll do my best to accommodate your request.

Warm regards to all,

Meetings and Events

May 3, 3:00 pm: Temple Baptism Day. Please contact I C, or E B for assistance with preparing names for the temple. May 3, 7:00 pm: Bike clinic at church. Bike mechanic will teach the youth basic bike maintenance. Anyone can come and have their bike checked out. May 9, 7:30 pm: Relief Society Book Club at L A 's house. on Saturday. May 16, 7:00 pm: Ward Temple Night. May 20, 6:00 pm: Ward Talent Night: Performances - Displays - Potluck. Sign up here. Questions? n Trat s@gmail.com May 21, 6:00 pm: Why I Believe Fireside at the Washington DC Temple Visitors' Center. June 21, 12:00 - 5:00 pm: Red Cross Blood Drive at church. Sign up here. Recurring Meetings Sundays 7:00 pm: Sunday for the Soul Facebook Live by the full-time missionaries. 6:00 pm: Why I Believe Fireside Facebook (third Sunday of every month). 7:00 pm: Becoming Less Reactive to Life and Relationship Stress every third Sunday via Zoom. Tuesdays 7:00 pm: Ward Temple Night (third Tuesday of every month) 7:30 pm: Virtual Class on New Testament via Zoom. Wednesdays 10:30-12 pm: Play Group in the nursery. J 9 [......... First and third Wednesdays. 7:00 pm: Missionary Scripture Study in-person at the N ______ meetinghouse. We would love for anyone to come and to invite a friend. 7:00 pm - 9:00 pm: Monthly temple recommend interview night. It will be the last Wednesday of the month at the Stake Center (1° __ K ____ Road, C _______, 1, 1)2 (17). Members of the stake presidency will also continue to make time to conduct interviews as they visit our ward in person. Please contact Brother L L at 2' .-(7 ... 3 or "" ____@byu.net. 7:00 pm: Addiction Recovery Meeting ID: \$_. 1 1 2 1 2 Passcode: 4 1 Class manual. Click here to find meetings in other areas: Addiction Recovery Meeting Locator Addiction Recovery website. 8:00 pm: Addiction Recovery Spouse/Family Support Group. Meeting ID 900 6000 2222 Passcode: Class manual. Meetings and Interviews with Bishop 🗀 🔄 Bishop is available on Sundays and Thursdays for interviews. Please click here to check for available time slots or contact brother C C at E at E at E at E __3@gmail.com. Washington DC Temple Appointment Scheduling

Please go to the <u>Washington DC Temple website</u> to schedule appointments for proxy ordinances or call



TENT STATES

SATURDAY, MAY 20 6PM MADDISTRIBUTE TO BUILDING IN THE CULTURAL HALL

PERFORMANCES + DISPLAYS + POTLUCK

CALL PROPERTY.

ALL AGES WELCOMED TO SIGN UP FOR PERFORMANCES AND DISPLAYS

QUESTIONS? CONTACT SWITTON TORONDO SALARON STATES OF GMAIL.COM

New Testament Lessons

Institute course taught by $\Gamma^* = \Gamma^* = \Gamma$

Brother "", is a PhD student in biblical studies at Catholic University and a former writer for Book of Mormon Central. He received an MA in Biblical Studies from Trinity Western University and a BA in Ancient Near Eastern Studies from Brigham Young University. Using his knowledge of Hebrew, Greek, and Aramaic, he has published various papers on the Old Testament, New Testament, Book of Mormon, and Pearl of Great Price. This course is intended to increase people's testimony of Christ and knowledge about the scriptures.

This 5th 14-week course will focus on Luke and John to support this year's study of the New Testament.

A future course on the last part of the New Testament is planned for the rest of 2023 depending on interest as a support to individual and family Come, Follow Me study of the New Testament.

Taught from 7:30pm to 8:30pm over Zoom.

Zoom Meeting ID: \$11.800... (Passcode: C00000)

Tuks nights, 7:30pm	Week	Text	Concept
April 25	1	Luke 1-3	Why Different Birth Stories
May 2	2	Luke 4-7	Luke's Redactional Choices
May 9	3	Luke 8-10	Luke and the Early Church
May 16	4	Luke 11-13	Luke's Parables
May 23	5	Luke 14-17	Luke and Eschatology
May 30	6	Luke 18-21	How Luke Understands the Death of Jesus
June 6	7	Luke 22-24	Resurrection Appearances in Luke
June 13	8	John 1-3	John and High Christology
June 20	9	John 4-6	John and the Synoptics
June 27	10	John 7-9	Textual Criticism
July 11	11	John 10-12	Jesus and Miracles in John - "Signs"
July 18	12	John 13-15	Speeches in John
July 25	13	John 16-18	John and the Godhead
Aug. 1	14	John 19-21	The Crucifixion and Resurrection in John

レートマン Ward Web Page

https://local.churchofjesuschrist.org/units/c_____

What it is: The Ward Web Page features ward activities, worship services, and additional information regarding our ward with an invitation to come and see and learn more. All of the events include an RSVP link and links for sharing.

Purpose: The Ward Web Page makes it simple for us to share ward activities via social media platforms, text, and email, and invite friends and neighbors to activities, worship services, and other events our ward is hosting.

Goal: Share one activity a month with the local community and friends. Start by sharing an invitation to our Easter Sunday Worship Service, as featured on the Ward Web Page, to our friends, community, and to those to whom we minister.



Welcome

We are your neighbors who love Jesus Christ and strive to follow Him in everything we do. He is the center of our worship and our families. Everything we strive to do is to love, serve, and care for each other as He loves us. We would love for you to join us in our worship of the Savior of the World.

Gospel Study 10:00 a.m. to 11:00 a.m. Classes for Adults, Youth and Children

Church Internet and Social Media Sites

The Church's Gospel Media Sites (<u>Facebook, Instagram, Twitter, and YouTube</u>)

<u>ComeUntoChrist</u>

<u>Church Newsroom</u>

<u>RootsTech</u>

The Tabernacle at Temple Square

Church Historic Sites

- Stake Latter-day Saints
- 1 Stake Sisters of The Church of Jesus Christ of Latter-day Saints
- Stake Youth

Friends of E Ward Facebook Group

Stake Family History Community



Proclaiming the Gospel

Sharing the Gospel Ideas
Sharing the Gospel 2021 Broadcast
Finding Christ in 77 &

Write Our Currently Serving Missionaries

Missionaries Assigned to 7 Ward

Sister Sister / 10 = N / 10 = m and Sister Co. 10 = Ln: 10 - Co. 10 = Elder F' | 10 - A | 1 and Elder E... 1 = Lo. 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 | 210 |

Rules for Missionary Meals

- The missionary meal rules have been updated. You can have the missionaries over for a meal as
 many times as you would like with no restrictions. The only guideline is that the missionaries have
 been instructed to try to keep meal times under one hour and fifteen minutes. As a reminder, the ward
 is not divided between missionary companionships; you are welcome to invite either the Sisters or
 Elders into your home. You may access the meal calendar here.
- Irrespective of whether you are able to host the missionaries for a meal, they would love to come and share a message in your home. Inviting the missionaries into your home will increase the Spirit in your home and strengthen your desire to share the gospel.

Washington DC Temple Visitors' Center

Opening hours: Monday-Saturday from 10:00 am to 9:00 pm and Sundays from 12:00 pm to 9:00 pm.

Missionary Opportunities

Invite friends and neighbors for a Washington DC Temple Visitors' Center Virtual Tour. Sign up here.

Why I Believe Fireside Recordings

Chris &	Ken & I,
Daniel S	Alvin &
Heidi I	Robert & . *
Joe F	Woody & E



Person Ward April 23 2023

Relief Society

SMALL GROUP ACTIVITIES

- * Book Club (Bc r)
 When: May 9th @ 7:30 pm
 Where: L r's house 1
 C Dr F 2
 Book: A Man Called Ove, By: Fredrik
 Backman
- * Play Group (James)
 Every 1st and 3rd Wednesday
 @10:30am-12pm in the MV Bldg-Meet
 in the nursery
 Next meeting will be May 3



- * Dinner Group (State of the state of the



RELIEF SOCIET	Y PRESIDENCY
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July 2000	
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ANNOUNCEMENTS

April 25 12:00 - 5:00 pm: Red Cross Blood Drive at church. Sign up here:

v=https://www.redcrossblood.org/give.html/drive-results?zipSponsor=



Saturday, May 20 Ward Talent Night and Potluck at 6:00 pm. Performances, displays, and potluck! All ages welcomed to sign up for displays and performances! Sign up here: https://www.signupgenius.com/go/60

Questions: contact \$' The art () @gmail.com

PRESIDENCY MESSAGE

2020-2022 was rough for me, as it was for many of us. Our family went through unexpected loss, moved during the height of Covid, my husband deployed and I felt very alone. I couldn't find my way out of feeling sad, overwhelmed, and like a total failure. No matter how hard I tried, I kept failing my kids, my spouse, my Heavenly Father, I just wasn't enough. Then on the advice of a great therapist, I developed a mantra, "I am intentionally created. I am loved here and now." I was supposed to say this to myself every morning and every night, it didn't matter whether I believed it or felt it, I needed to hear those words every day. I'll admit at first I felt silly, but saying it forced me to think about the statement and then I started to believe those words. I started to believe that I was truly created for a purpose. Heavenly Father didn't pull me out of a box of spirits and send me to Earth on a conveyor belt. He knew me, created me, and loves me. I didn't need to change or become a better version of myself to be worthy of His love, I was worthy of it now. I learned a lot from that exercise, including how powerful words can be. The people who followed Christ during His time on earth did so because of His words. His words made them feel hope, love, and forgiveness. When they listened and believed His words, their lives were changed. What we say to ourselves and others can sometimes feel so inconsequential but it is so powerful. We each hold the power within ourselves to feel His love. We cannot grow and progress if we don't believe we can. I am grateful for that short time in my life where it felt like I hit rock bottom, it forced me to look up and see what Heavenly Father sees in me and what he sees in each one of us. We are all intentionally created by an all-knowing and perfect God. There is no version of you that Heavenly Father loves more, He loves you here and now.

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Sign up to feed the missionaries

Sisters: 2 17 177 3002 Elders: 2 17 100 0 170

Temple Baptism Day
Friday, May 3, 3:00 pm
Contact K _ Co... or B _ Friday
Friday for assistance with
preparing names for the temple.

Check on your Sisters It's springtime - how are the sisters you minister to doing? Whether the advent of flowers and warm weather (and allergy season) brings joy or mixed feelings, share it with your sisters.

April Birthdays

Addiction Recovery Program (ARP)

For questions regarding the program or resources, contact Bro. or Sis. RC, and at 207 750-000 or 300 0000,

@msn.com or t_____@gmail.com .

- ARP on Thursday at 7:00 pm
 h
- ARP Manual
 https://addictionrecovery.churchofjesuschrist.org/bc/content/arp
 /content/manuals/ARPGuide English 36764.pdf

Derwood Ward Resources

Familysearch.org and Churchofiesuschrist.org

-Friends of Relief Society Facebook group

-Friends of J Ward Facebook group

Life Help Resources

Life Help

https://www.churchofiesuschrist.org/topics/families-and-individuals/lifes-challe

In Crisis? Talk Now.

The help lines listed below are free and are staffed by people who are trained to help. You do not have to be suicidal to call and talk. These resources are not created, maintained, or controlled by The Church of Jesus Christ of Latter-day Saints. The Church does not endorse any content that is not in keeping with its doctrines and teachings.

- Befrienders Worldwide: http://www.befrienders.org/
- Suicide and Crisis Lifeline (English and Spanish): Dial 988 http://suicidepreventionlifeline.org/
- Crisis Text Line (USA): text HOME to 741741
- The Trevor Project (LGBTQ): Call 1-866-488-7386
- Veterans Crisis Line: Call 1-800-273-8255 and press 1

Mental Health Resource: ProjectHealthyMinds.com https://app.projecthealthyminds.com/



Birthday List

Nicle Carra 150n - May 3

Planippe Manuadou - May 4

Mar 150 Dony - May 9

Ia. 11. 1190 - May 10

John John - May 14

Jarod Conett - May 16

Some Conett - May 16

Lunion Wight - May 17

Elodio Condidatoon - May 21

Logard Cultil John

Condidatoon - May 23

Bill Too - May 28

Hayr' - Lini - May 29



Fasting & Prayer List

Members have given permission for their names and any details about their concerns (optional) to be shared with members of the ward.

Consider any of the following for the prayer list or the temple prayer roll: individuals or families for whom you are a ministering brother or sister, those suffering from illness, or from financial, emotional, or other stress; reopening of the Washington DC Temple, missionary work.

Temple Prayer Roll

The Church has created an online system to allow members to send the names of family or friends to the temple, where those names will be placed on the prayer roll. Requests to place a name on the temple prayer rolls can now be made by visiting any temple-s-information page and clicking the prayer roll-link. Requests can also be made through the "Temples" section of the Member Tools mobile app on Android and iOS.



Member Missionary Resources

Come Unto Christ

Website - YouTube - Facebook

Book of Mormon App Makes Sharing the Gospel Easier Than Ever $\underline{\text{Website}}$



Strengthening the Family

Family - Gospel Topics Website

Strengthening Marriages and Families Website

Addiction Recovery Program Website

5 Spiritual Solutions for Everyday Parenting Challenges by Richard and Linda Eyre Website

Positive Parenting Solutions Website - Facebook

His Needs, Her Needs - Building an Affair-Proof Marriage by Willard F. Harley, Jr.

Because We Love Our Marriage - 12 Ways to Safeguard Your Eternal Relationship by Gary and Joy Lundberg



Study & Family Resources

Book of Mormon Central

Website - YouTube Channel

BYU Speeches

Website - YouTube Channel

BYU Education Week

Website - YouTube Channel

Follow Him Podcast

Website - YouTube - Facebook - Instagram

Latter Day Kids

YouTube Channel

Line Upon Line - for Come Follow Me

YouTube Channel

Ponderfun

YouTube Channel

Brother Fullmer

YouTube Channel

Talking Scripture

YouTube Channel

Unshaken

YouTube Channel

Come Follow Me for Us podcast

Website

Come Follow Me Kids podcast

Website

One Minute Scripture Study podcast

Website

David Bowman Art

Website - YouTube Channel

Book of Mormon for YOUth podcast

Scripture Citation Index

Website - App on iOS and Android

Virtual Scriptures

Website - Virtual New Testament

ScripturePlus

Website



Temporal Preparedness Resources

Church Temporal Preparedness Resources Website

Church Self-Reliance Services Website

Church Emotional Resilience Website

Fun Cheap or Free Website - YouTube - Facebook



Temple & Family History Resources

FamilySearch - RootsTech Website - YouTube - Facebook -

BYU Family History Technology Lab

Website - YouTube Channel

The Family History Guide

Website

Puzzilla



Conversion Stories



Come Back Podcast YouTube Channel - Podcast



Come Back Podcast YouTube Channel - Podcast



Come Back Podcast YouTube Channel - Website

Click on picture to view video

Dusty Smith - Facebook Page

